



LOOK for new entrées and tastes!



MIDDLE SCHOOL • April 10 - May 25

LOTS OF CHOICES -EVERYDAY- on the calendar and everyday favorites under the daily squares!

Menu is subject to change without notice.

Menu subject to availability and seasonality of items. Breakfast entrées are listed in italics. Fresh Fruits and/or fruit juice are available everyday with milk. Student must choose a fruit and two more items at breakfast. Lunch entrées are bold and include Fresh Fruits & Veggies (rotating items listed below calendar) and choice of milk daily.

main course

deli

BREAKFAST DAILY CHOICE: in addition to the selections on the menu, Assorted Cereals, Toast • String Cheese, Fresh Fruit • Fruit Juice are also featured everyday!

Frenship ISD Meal Prices 2016-2017

BREAKFAST
All Students80¢
Reduced30¢

Faculty/Staff & Adult Visitors\$1.60

LUNCH
Students
6th-12th\$2.00
Reduced40¢

Faculty/Staff & Adult Visitors\$3.25

Choose at least 3 of the 5 different food components 1 of your choices **must** be a fruit or vegetable
**extra servings of a food component may result in an additional charge*

additional selections everyday!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Morning Sausage Roll</i> <i>Mini Cinnamon Cream</i> <i>Cheese Bagels</i> BBQ Pork Riblet Sandwich Golden Crispy Boneless Chicken Nuggets & Roll	<i>Glazed Donut</i> <i>Bfast Smoothie: Purple Haze & Honey Grahams</i> Spicy Popcorn Chicken & Mashed Potato Bowl w/Roll Popcorn Chicken & Roll	<i>Breakfast Sausage Pizza</i> <i>Blueberry Mini Waffles</i> Sliced Turkey & Gravy w/Roll Golden Crispy Boneless Chicken Nuggets & Roll	<i>Blueberry Muffin</i> <i>Omelet & Hashbrowns</i> Baked Lasagna & Roll Popcorn Chicken Salad Spicy Popcorn Chicken & Roll	STUDENT HOLIDAY
Check out the FUEL featured entrée of the week: <i>Chicken Bahn Mi</i>				
<i>Cherry Frudel</i> <i>Pancake-on-a-Stick</i> Spaghetti & Meatballs w/Marinara Golden Crispy Boneless Chicken Nuggets & Roll	<i>Glazed Cinnamon Roll</i> <i>Bfast Smoothie: Purple Haze & Animal Crackers</i> Fish Sticks w/Mac & Cheese Popcorn Chicken & Roll	<i>French Toast Sticks</i> <i>Omelet & Hashbrown</i> Corn Dog Golden Crispy Boneless Chicken Nuggets & Roll	<i>Chocolate Chip Muffin</i> <i>Egg, Ham & Cheese Flatbread</i> Ranch Chicken Flatbread Popcorn Chicken	<i>Breakfast Sausage Pizza</i> <i>Mini Strawberry Cream</i> <i>Cheese Bagels</i> Chili Cheese Dog Golden Crispy Boneless Chicken Nuggets & Roll
Check out the FUEL featured entrée of the week: <i>Chicken & Waffles</i>				
<i>French Toast Sticks</i> <i>Omelet & Hashbrown</i> Oven-Roasted Drumstick & Roll Golden Crispy Boneless Chicken Nuggets & Roll	<i>Glazed Chocolate</i> <i>Coco Puff Donut</i> <i>Bfast Smoothie: Purple Haze & Animal Crackers</i> Rotini w/Italian Meatsauce & Roll Popcorn Chicken & Roll	<i>Glazed Cinnamon Roll</i> <i>Breakfast Sausage Pizza</i> Broccoli & Cheese Baked Potato & Roll Golden Crispy Boneless Chicken Nuggets & Roll	<i>Apple Frudel</i> <i>Waffles & Maple Syrup</i> Sliced Turkey & Gravy w/Roll Meatball Pizza Sub Spicy Popcorn Chicken & Roll	<i>Blueberry Muffin</i> <i>Sausage, Egg & Cheese Burrito</i> General Tso's Chicken & Veggies w/Brown Rice Golden Crispy Boneless Chicken Nuggets & Roll
<i>Country Chicken Biscuit</i> <i>Breakfast Sausage Pizza</i> Meatloaf w/Rosemary Gravy & Roll Golden Crispy Boneless Chicken Nuggets & Roll	<i>Cheesy Eggs & Hashbrown</i> <i>Bfast Smoothie: Purple Haze & Honey Grahams</i> Spicy Popcorn Chicken & Mashed Potato Bowl w/Roll Popcorn Chicken & Roll	<i>Chocolate Chip Muffin</i> <i>Cherry Frudel</i> Sliced Turkey & Gravy w/Roll Golden Crispy Boneless Chicken Nuggets & Roll	<i>Mini Cinnamon Rolls</i> <i>Glazed Lucky Charm Donut</i> Hot Dog on Bun Spicy Popcorn Chicken & Roll	<i>Morning Sausage Roll</i> <i>Biscuit & Country Gravy</i> Breaded Fish Melt Golden Crispy Boneless Chicken Nuggets & Roll
<i>Blueberry Muffin</i> <i>Pancake-on-a-Stick</i> Cheese Pizza Sticks & Marinara Sauce Golden Crispy Boneless Chicken Nuggets & Roll	<i>Glazed Chocolate</i> <i>Coco Puff Donut</i> <i>Bfast Smoothie: Purple Haze & Animal Crackers</i> Salisbury Steak w/Gravy & Parsley Noodles Popcorn Chicken & Roll	<i>Mini Pancakes & Syrup</i> <i>Breakfast Sausage Pizza</i> Orange Chicken w/Broccoli & Cilantro Lime Rice Golden Crispy Boneless Chicken Nuggets & Roll	<i>Bagel & Cream Cheese</i> <i>Apple Frudel</i> Hot Dog on Bun Spicy Popcorn Chicken & Roll	<i>Country Chicken Biscuit</i> <i>Huevos Rancheros</i> Sloppy Joe Melt Golden Crispy Boneless Chicken Nuggets & Roll
Check out the FUEL featured entrée of the week: <i>Florentine Chicken Flatbread</i>				
<i>Morning Sausage Roll</i> <i>Mini Cinnamon Cream</i> <i>Cheese Bagels</i> BBQ Pork Riblet Sandwich Golden Crispy Boneless Chicken Nuggets & Roll	<i>Glazed Lucky Charm Donut</i> <i>Bfast Smoothie: Purple Haze & Honey Grahams</i> Spicy Popcorn Chicken & Mashed Potato Bowl w/Roll Popcorn Chicken & Roll	<i>Breakfast Sausage Pizza</i> <i>Blueberry Mini Waffles</i> Sliced Turkey & Gravy w/Roll Golden Crispy Boneless Chicken Nuggets & Roll	<i>Blueberry Muffin</i> <i>Omelet & Hashbrowns</i> Baked Lasagna & Roll Popcorn Chicken Salad Spicy Popcorn Chicken & Roll	<i>French Toast Sticks & Syrup</i> <i>Ham & Potato Strata</i> Corn Dog Golden Crispy Boneless Chicken Nuggets & Roll
Check out the FUEL featured entrée of the week: <i>Pizza Loca</i>				
<i>Cherry Frudel</i> <i>Pancake-on-a-Stick</i> Spaghetti & Meatballs w/Marinara Golden Crispy Boneless Chicken Nuggets & Roll	<i>Glazed Cinnamon Roll</i> <i>Bfast Smoothie: Purple Haze & Animal Crackers</i> Fish Sticks w/Mac & Cheese Popcorn Chicken & Roll	<i>French Toast Sticks</i> <i>Omelet & Hashbrown</i> Manager's Choice	<i>Chocolate Chip Muffin</i> <i>Egg, Ham & Cheese Flatbread</i> Manager's Choice	Manager's Choice

LAST DAY OF SCHOOL!
Have a great summer!

- • additional selections everyday! • -

M	T	W	Th	F
Chicken Sandwich	Spicy Chicken Sandwich	Chicken Sandwich	Spicy Chicken Sandwich	Chicken Sandwich
Hamburger	Hamburger	Hamburger	Hamburger	Hamburger
Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger
SunButter & Jelly Sandwich	SunButter & Jelly Sandwich	SunButter & Jelly Sandwich	SunButter & Jelly Sandwich	SunButter & Jelly Sandwich
Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza



EVERYDAY | *super sides, fresh fruits & veggies and 100% fruit juice*
items listed below rotate on their respective days and may be substituted based on availability/seasonality

- Apple Wedges • Applesauce • Baked Beans/Veggie • Banana • Black Charro Beans • Black-Eye Peas • Broccoli/Steamed & Fresh • Campfire Beans • Cantaloupe • Carrots/Baby Carrots/Steamed • Celery Sticks • Cucumber • Cucumber & Tomato Salad • French Fries/Baked • Fresh Fruit Cup • Garden Salad • Green Beans • Green Peas • Mandarin Oranges • Mashed Potatoes • Mixed Fruit • Orange Wedges • Peaches/Diced • Pears/Diced • Potato Salad • Red Peppers • Spinach/Steamed • Sweet Golden Corn • Sweet Potato Tater Tots • Sweet Potato Fries • Tater Tots/Baked • Tomato/Wedges Veggies/Mixed • Zucchini • Apple Juice • Fruit Juice • Grape Juice • Orange Juice • 1% Milk • Chocolate Milk